



How to Listen to Your Favorite FM Radio Stations 7

IT'S ALL RIGHT HERE ON WAITSFIELD CABLE!

Enjoy more than 200 video and music channels including all of your local networks, community stations, news, weather, sports, entertainment, and HDTV. Waitsfield Cable is your local choice for the very best in cable entertainment!

CONTACT US

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Find Us on Facebook and Twitter!





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Dear Waitsfield Cable Viewer,



Buying local is a fun way to help our community. I urge you to shop the Farmers Market on the Mad River Green in Waitsfield on Saturdays from 9 a.m. to 1 p.m., May through October. You'll discover a wide variety of locally grown or made products including produce, meats, cheeses, baked goods, and

crafts. Free Wi-Fi is available on the Mad River Green thanks to our sister company, Green Mountain Access.

When you're done shopping for local treasures, grab the remote and start shopping for what to watch on Waitsfield Cable. We offer so many entertaining options for any age or interest, and you can enhance the experience by adding Premium Movie Packages, Pay-Per-View, an Integrated HD/DVR set-top box, Whole Home DVR, and WatchTVEverywhere. You'll find more details inside this issue of *Cable Companion*.

Also inside are the Digital Channel Lineup and some customer tips and instructions. I urge you to keep this guide near your TV, since you and your guests will want to refer to it over and over. If you have questions, give us a call at 496-5800.

Thanks for buying local and choosing Waitsfield Cable as your TV provider. We hope you enjoy a wonderful spring and summer season.

Sincerely,

Jug (. 45 -

Gregg Haskin

President & CEO

Waitsfield Cable









ith Digital Video Recording (DVR) Service from Waitsfield Cable, you're in control. You can pause live TV programs and start them again when you're ready. Rewind and replay programs so you don't miss a beat. Record up to 90 hours of your favorite programs and movies to create a personal entertainment library to view at your convenience. And fast-forward through the boring stuff when watching recorded programs and save time.

Multiply Your Convenience With Multi-Room DVR

Don't let anything come between you and your recorded TV programs—not even the walls in your home! Subscribe to Multi-Room DVR Service to be able to watch recorded programs on any connected TV in your home. It also enables you to pause a recorded program in one room and then resume it in another—ideal for when you start getting sleepy and want to finish watching a movie in the bedroom.

Keep These DVR Directions Handy

Below are the basics of using DVR Service.

- One-Touch Recording—Press
 RECORD any time while watching TV or navigating through the
 guide for easy, no-hassle recording
 from anywhere.
- Schedule a Recording From the Main Menu, or Quick Menu, select DVR. Select Set a Recording, start and end time, the day to record, and select.
- View Recording
 —From the Main Menu, select My Recordings. Search through and highlight title from list of recorded programs. Press OK to select the program.

Still have questions? Visit our website at www.waitsfieldcable.com for online user guides, tutorials, and additional DVR information.

11/11/11

DIGITAL Channel Guide

Contact us at 496-5800 or visit www.waitsfieldcable.com for more information.

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BRC	DADCAST		KID	S		109 NAS	A	Preferred
3	WCAX (CBS) - Burlington, VT	Basic	56	The Disney Channel	Standard	139 PBS \	World	Standard
4	WVNY (ABC) - Burlington, VT	Basic	57	Disney XD	Standard	151 MHz		Standard
5	WPTZ (NBC) - Plattsburgh, NY	Basic	58	Cartoon Network	Standard	152 PBS I		Standard
6	CBMT (CBC) - Montreal, Que	Basic	59	Nickelodeon	Standard			
7	WFFF (FOX) - Burlington, VT	Basic	60	Nick Jr.	Preferred	MOVIES		
9	WETK (PBS) - Burlington, VT	Basic	61	Nicktoons	Preferred		rican Movie Classics	Standard
11	Waitsfield Cable - Mad River	Dasic	62	Teen Nick	Preferred		me Movie Network	Standard
- 11	Valley Community Channel	Basic	63	Discovery Family Channel	Preferred		er Classic Movies	Preferred
12	Outside Television	Basic	05	Discovery Farminy Charmer	rielelleu	114 Sund		Standard
150		Basic	FAR	/IILY				Preferred
150	MOUNTAIN LAKE PD3-VVCFE	Dasic		Hallmark	Dueferued		pendent Film Channel XX 3.2 WCAXTRA	
ENIT	TOTA INIMENIT		66		Preferred	133 VVC <i>F</i>	IX 3.2 WCAXIKA	Standard
	ERTAINMENT	CL L	67	TVLand	Standard	DELLCION		
13	USA Network	Standard	68	Freeform	Standard	RELIGION		- 6
14	FX Networks	Standard	136	MeTV	Standard		y Broadcasting Network	Preferred
15	Spike TV	Standard				119 Eterr	al Word Television Network	Standard
16	TBS	Standard		MEN				
17	TNT	Standard	70	Lifetime Network	Standard	MUSIC		
18	WSBK - Boston, MA	Basic	71	Oxygen	Standard	120 MTV		Standard
19	WGN - Chicago, IL	Standard	72	Lifetime Real Women	Preferred	121 VH1		Standard
20	WPIX (CW) - New York, NY	Basic	74	Women's Entertainment	Preferred	122 Cour	ntry Music Television	Standard
135	CW Plus	Standard					(MuchMusic)	Preferred
			LIFE	/HOME		124 MTV		Preferred
SPC	RTS		76	The Food Network	Standard	125 MTV	Hits	Preferred
21	Major League Baseball Network	Standard	77	TLC	Standard	126 VH1	Classic Rock	Preferred
22	NBC Sports Network	Standard	78	Travel Channel	Standard	127 CMT		Preferred
23	NFL Network	Standard	79	Home & Garden TV	Preferred	128 VH1	Soul	Preferred
24	NESN - New England	Staridard	80	OWN (Oprah Winfrey Network)	Preferred	120 VIII	30di	Treferred
24	Sports Network	Standard	81	Discovery Life	Preferred	SHOPPIN	3	
25	•	Standard		Destination America	Preferred		Home Shopping Network	Basic
25	ESPN Sports		82					
26	ESPN2 Sports	Standard	84	Do It Yourself	Preferred	131 QVC		Basic
27	ESPNU College Sports	Preferred	140	PBS Create	Standard			
28	ESPN Classics	Preferred						
29	ESPNews	Preferred		CULTURE			() () () () () () () ()	
31	The Golf Channel	Preferred	86	Esquire	Preferred			
32	Fox Sports 1	Standard	87	A&E	Standard			
33	The Tennis Channel	Standard	88	E!	Standard		8	and the same of th
34	TVG2	Preferred	89	truTV	Standard		19 100	
35	Sportsman Channel	Preferred	90	Comedy Central	Standard			
36	The Outdoor Channel	Preferred	91	Bravo	Preferred			2
132	SEC Network	Preferred	93	The Game Show Network	Preferred		10 6	5 0
			95	Syfy	Preferred		2	00
NΕ\	VS		96	Investigation Discovery	Standard			0,0
38	The Weather Channel	Standard	97	Cloo	Preferred	RE	MOTE	0
39	Fox News Channel	Standard	98	Chiller	Preferred		MINDERS	• 3
40	CNBC	Standard	99	FXX	Standard		MINDLING	0,000
41	MSNBC News	Standard		Pivot	Preferred	EXIT	Exit from current screen.	2016
42	CNN HLN News and Views	Standard	,00		Treferred	PAGE	Accesses pages above or bel	ow played.
43	CNN CNN	Standard	INIE	ORMATION		+/-	the information currently dis	played.
	Mad River Valley	Stariuaru		The Discovery Channel	Standard			10
44	,	Danie		•		INFO	Displays information about t	ne program
45	Television (Community Access)	Basic		History	Standard		currently playing or highlight	ted in the
45	Mad River Valley Television	-		Animal Planet	Standard		program guide.	
	(Municipal Meetings)	Basic		National Geographic	Standard	GUID	E Displays the program guide I	istings.
47	Fox Business News	Standard		American Heroes Channel	Preferred			-
48	Rural Free Delivery	Standard	106	The Science Channel	Preferred	LAST	Returns to the previously tur	ied channel.

Preferred

Preferred

For additional instructions on using your Waitsfield

Cable remote, visit www.waitsfieldcable.com or call our Customer Service Department at 496-5800.

49 C-SPAN

50 C-SPAN2

203 W								
	ANNELS		233	The Tennis Channel HD	Standard HD	288	E! HD	Standard HD
	/CAX (CBS) HD	Basic HD	236	The Outdoor Channel HD	Preferred HD	290	Comedy Central HD	Standard HD
20/1 \//	/VNY (ABC) HD	Basic HD		The Weather Channel HD	Standard HD		Bravo HD	Preferred HD
	/PTZ (NBC) HD	Basic HD		Fox News Channel HD	Standard HD		Syfy HD	Preferred HD
206 CE	BMT (CBC) HD	Basic HD	240	CNBC HD	Standard HD	299	FXX HD	Standard HD
207 W	/FFF (Fox) HD	Basic HD	241	MSNBC HD	Standard HD	301	The Discovery Channel HD	Standard HD
209 W	/ETK (PBS) HD	Basic HD	242	CNN HLN News and Views HD	Standard HD		History HD	Standard HD
213 US		Standard HD		CNN HD	Standard HD		Animal Planet HD	Standard HD
	K Networks HD	Standard HD		The Disney Channel HD	Standard HD		National Geographic HD	Standard HD
	oike TV HD	Standard HD		Disney XD HD	Standard HD		The Science Channel HD	Preferred HD
216 TB	BS HD	Standard HD	258	Cartoon Network HD	Standard HD	307	FYI HD	Preferred HD
217 TN	NT HD	Standard HD	259	Nickelodeon HD	Standard HD	309	NASA HD	Preferred HD
221 M.	lajor League Baseball		268	Freeform HD	Standard HD		American Movie Classics HD	Standard HD
	etwork HD	Standard HD		Lifetime Network HD	Standard HD		Lifetime Movie Network HD	Standard HD
	BC Sports Network HD	Standard HD		Women's Entertainment HD	Preferred HD		Independent Film Channel HD	Preferred HD
	FL Network HD	Standard HD		Food Network HD	Standard HD	350	Mountain Lake PBS-WCFE HD	Basic HD
224 NE	ESN HD	Standard HD	277	TLC HD	Standard HD	352	PBS Plus HD	Standard HD
225 ES	SPN HD	Standard HD	278	Travel Channel HD	Standard HD	354	Universal HD	Preferred HD
	SPN 2 HD	Standard HD		HGTV HD	Preferred HD		Velocity HD	Standard HD
							,	
	SPNU College Sports HD	Preferred HD		Destination America HD	Preferred HD		HBO HD	Premium HD
	SPNews HD	Preferred HD		Do It Yourself HD	Preferred HD		Cinemax HD	Premium HD
231 Th	ne Golf Channel HD	Preferred HD	286	Esquire HD	Preferred HD	380	Showtime HD	Premium HD
232 Fo	ox Sports 1 HD	Standard HD	287	A&E HD	Standard HD	390	Starz HD	Premium HD
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PAY-PEI	R-VIEW		107	5 WVPR-2 VPR Classical		466	Starz Encore WAM	Premium
	Pay-Per-View 24 hours a	day		WVPR-1 VPR News			5ta.2 2co.c 117	T TOTTIGHT
			107	W VIII I VIII IVEWS		DICI	TAL MUSIC CHANNELS (DMV	1
	a week by calling 496-12.						TAL MUSIC CHANNELS (DMX	*
	www.waitsfieldcable.co	om	PREI	MIUM MOVIE PACKAGES		900	Lite Classical	Preferred
500 in[Demand 1 (PPV Events)		HBC	:		901	Jazz Vocal Blends	Preferred
	Demand 2		400	НВО	Premium	902	Hottest Hits	Preferred
	Demand 4 (PPV Movies)			HBO 2	Premium		Modern Country	Preferred
	· · ·							
503 INL	Demand 5			HBO Signature	Premium		Alternative Rock	Preferred
			403	HBO Family	Premium		Adult Contemporary	Preferred
FM STA	ATIONS		404	HBO Comedy	Premium	906	Contemporary Christian	Preferred
88.5	CBME CBC-1 News/Talk		405	HBO Zone	Premium	907	Rock'n Roll Oldies	Preferred
	DMX 908 Classic Rock			max:		908	Classic Rock	Preferred
	WUSX Classic Rock			Cinemax	Dromium		Classic Hits Blend	Preferred
					Premium			
	NOAA Weather			More Max	Premium	911	Rap	Preferred
	WFMT Classical		412	Action Max	Premium	912	Classic Jazz	Preferred
94.5	WMRW Community Radio-	Warren	/113	Thriller Max			Blues	
	CKMF Dance/News		413	TTITILET IVIAX	Premium	913	Diacs	Preferred
95.9 (Premium			Preferred
			Sho	wtime/The Movie Channel:		914	Gospel	Preferred Preferred
96.3	WDEV Variety		Sho v 420	wtime/The Movie Channel: Showtime	Premium	914 915	Gospel Coffeehouse Rock	Preferred Preferred Preferred
96.3 96.7	WDEV Variety CKOI Progressive/Contempo	orary	Sho v 420 421	wtime/The Movie Channel: Showtime Showtime 2	Premium Premium	914 915 916	Gospel Coffeehouse Rock Dance	Preferred Preferred Preferred Preferred
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96.3 96.7 97.1 97.9 99.1 99.5 99.9 100.3 100.7 011.1 101.5 0101.9 101.9	WDEV Variety CKOI Progressive/Contempo CIRA Religious/Classical CHOM Rock/News WOKO Country WEZF Adult Contemporary/ WBTZ Alternative/News WWFY Country CBFX Classical/Jazz/World N WORK Classic Rock CBM CBC-2 Classical/Jazz WCVT Adult Contemporary	/News Music	420 421 422 423 424 425 426 430 431 Star 450 451	wtime/The Movie Channel: Showtime Showtime 2 Showtime Showcase Showtime Extreme Showtime Next Showtime Family Zone Showtime Women The Movie Channel The Movie Channel XTRA z/Encore: Starz Starz Edge	Premium	914 915 916 917 918 919 920 921 922 923 924 925 926	Gospel Coffeehouse Rock Dance Trends Album Rock Today's Hits 80's Hits 70's Hits Classic R & B Traditional Country Soft Hits Retro Disco Groove Lounge	Preferred
96.3 96.7 97.1 97.9 99.1 99.5 99.9 100.3 100.7 011.1 101.5 010.9 102.3 1	WDEV Variety CKOI Progressive/Contempor CIRA Religious/Classical CHOM Rock/News WOKO Country WEZF Adult Contemporary/ WBTZ Alternative/News WWFY Country CBFX Classical/Jazz/World N WORK Classic Rock CBM CBC-2 Classical/Jazz WCVT Adult Contemporary WVPR-2 VPR Classical	/News Music	420 421 422 423 424 425 426 430 431 Star 450 451 452	wtime/The Movie Channel: Showtime Showtime 2 Showtime Showcase Showtime Extreme Showtime Next Showtime Family Zone Showtime Women The Movie Channel The Movie Channel XTRA z/Encore: Starz Starz Edge Starz Cinema	Premium	914 915 916 917 918 919 920 921 922 923 924 925 926 927	Gospel Coffeehouse Rock Dance Trends Album Rock Today's Hits 80's Hits 70's Hits Classic R & B Traditional Country Soft Hits Retro Disco Groove Lounge Big Band Swing	Preferred
96.3 96.7 97.1 97.9 99.1 99.5 99.9 100.3 100.7 101.1 101.5 101.9 102.3 103.1 1	WDEV Variety CKOI Progressive/Contempor CIRA Religious/Classical CHOM Rock/News WOKO Country WEZF Adult Contemporary/ WBTZ Alternative/News WWFY Country CBFX Classical/Jazz/World N WORK Classic Rock CBM CBC-2 Classical/Jazz WCVT Adult Contemporary WVPR-2 VPR Classical WLVB Country	/News Music	420 421 422 423 424 425 426 430 431 Star 450 451 452 453	wtime/The Movie Channel: Showtime Showtime 2 Showtime Showcase Showtime Extreme Showtime Next Showtime Family Zone Showtime Women The Movie Channel The Movie Channel XTRA z/Encore: Starz Starz Edge Starz Cinema Starz Kids & Family	Premium	914 915 916 917 918 919 920 921 922 923 924 925 926 927 928	Gospel Coffeehouse Rock Dance Trends Album Rock Today's Hits 80's Hits 70's Hits Classic R & B Traditional Country Soft Hits Retro Disco Groove Lounge Big Band Swing Smooth Jazz	Preferred
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96.3 96.7 97.1 97.9 99.1 99.5 99.9 100.3 100.7 101.1 101.5 101.9 102.3 103.1 103.5 103.9 1	WDEV Variety CKOI Progressive/Contemporal CIRA Religious/Classical CHOM Rock/News WOKO Country WEZF Adult Contemporary/ WBTZ Alternative/News WWFY Country CBFX Classical/Jazz/World N WORK Classic Rock CBM CBC-2 Classical/Jazz WCVT Adult Contemporary WVPR-2 VPR Classical WLVB Country CFQR Adult Contemporary WXXX Classic Rock/News	/News Music	420 421 422 423 424 425 426 430 431 Star 450 451 452 453 454 455	wtime/The Movie Channel: Showtime Showtime 2 Showtime Showcase Showtime Extreme Showtime Next Showtime Family Zone Showtime Women The Movie Channel The Movie Channel XTRA z/Encore: Starz Starz Edge Starz Cinema Starz Kids & Family Starz Comedy Starz In Black	Premium	914 915 916 917 918 919 920 921 922 923 924 925 926 927 928 929 930	Gospel Coffeehouse Rock Dance Trends Album Rock Today's Hits 80's Hits 70's Hits Classic R & B Traditional Country Soft Hits Retro Disco Groove Lounge Big Band Swing Smooth Jazz New Age Holidays & Happenings	Preferred
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Basic PackageAll channels in orange.

Standard PackageAll channels in orange/green.

Preferred Package
All channels in orange/green/blue.

Premium Movie Packages All channels in purple.



YOUR CHOICE OF CHANNELS KEEPS GROWING

A wide variety of channels are currently available to Waitsfield Cable Standard or Preferred customers through WatchTVEverywhere. Plus, the list keeps getting longer. So it's easy to find something to entertain you, whether you're at home or away, inside or outside.

 A&E
 History

 ABC
 HGTV

 ABC Family
 HLN

Adult Swim Investigation Discovery
American Heroes Lifetime
Animal Planet MSNRC

Animal Planet MSNBC Bravo MTV

C-Span National Geographic

Cartoon Network NBC

CMT NBC News

CNBC NBC Sports Network
CNN NFL Network

Comedy Central Nick Jr.

Destination America Nick

Discovery Oxygen

Discovery Life Pivot

Disney QVC

Disney XD Science Channel

DIY Spike E! Syfy ESPN TBS

Esquire TV Now Tennis Channel

Food Network TLC Fox Business News TNT

Fox News Travel Channel

Fox Sports Go truTV

Freeform Turner Classic Movies

FX USA
FXX Velocity
FYI VH1
Golf Channel Viceland

Hallmark Channel The Weather Channel

Too Nice to Stay Inside?

Watch TV Outside With WatchTVEverywhere!

hen the weather is beautiful, you can take your entertainment to the porch or patio (or anywhere with a Wi-Fi signal) with WatchTVEverywhere. This service streams some of your favorite TV channels and programming to your tablet, smartphone, or laptop. Plus, as a Waitsfield Cable Standard or Preferred customer, you get to enjoy the convenience of WatchTVEverywhere for free!

Join the Fun of WatchTVEverywhere Now

If you already have a WatchTVEverywhere account:

- Go to www.watchtveverywhere.com.
- Click the Log In link.
- Enter your username and password.
- Select the TV network you want to watch to see a list of available programs.

If you need to register for a WatchTVEverywhere account:

- Go to www.watchtveverywhere.com and select Waitsfield Cable in the drop down.
- Click the Register link.
- Complete the registration form.
- Check your email. You will receive a message with an activation link. Click on the link to complete the registration process.
- You will need your Waitsfield Cable Account number from your billing statement.





Dealing With the "Black Bars" on Your TV

Confused about the "black bars" that sometimes pop up on either side of the screen when you watch TV? To help you understand what they are, and what to do about them, we'll start with the basics of aspect ratio.

The aspect ratio of an image is the ratio of width to height. For example, the 4:3 aspect ratio refers to 4 units wide and 3 units high; the 16:9 ratio means 16 units wide by 9 units high. Conventional TVs, and some small LCD HDTVs, have a 4:3 aspect ratio while widescreen HDTVs have a 16:9 ratio.

TV shows also typically broadcast in either 4:3 or 16:9. Although most new HD programming is in 16:9, a significant amount of TV broadcasts are still sent in the conventional 4:3 ratio. It's the difference in shape between those two ratios that can result in a "pillar boxed" picture—one with black columns on the left and right of the image—when you watch a 4:3 program on your widescreen TV.

You can keep the black bars on 4:3 sources or decide to make adjustments in the picture to fill the whole screen; it's a matter of personal preference. Nearly all recent widescreen TVs include one or more viewing modes that fill out the screen's width by stretching and/or zooming, or stretching the image. Usually there's a dedicated button on the remote, labeled "Wide" or "Aspect," that lets you cycle through these options. Since the aspect ratio of the programming you're watching can change frequently—when you change the channel or even when a new show begins on the same channel—you should get comfortable using this button to get the picture to your liking.

HOW TO LISTEN TO YOUR FAVORITE FM RADIO STATIONS

Champlain Valley and Mad River Valley may present challenges for FM radio stations, but you can still enjoy great reception of your favorite local and regional FM radio stations via Waitsfield Cable. How? By hooking up your stereo audio tuner to the coaxial cable used to deliver your cable TV service.

Equipment Needed:

(This is all available at no charge at our Main Business Office in Waitsfield.)

- FM splitter (p/n FMTVD)
- Two 3' RG-6 coaxial cables
- Matching transformer (May not be necessary depending on your stereo audio tuner.)

Wiring Your Stereo Tuner:

- 1. At the cable set-top box, unplug the coaxial cable from the 'RF in' or 'Cable in' port on the back of your set-top box.
- 2. Next, connect that coaxial cable onto the 'input' port of the FM splitter. (The input is the single port directly across from the two ports labeled 'FM' and 'TV'.)
- **3.** Using one of the 3' coaxial cables, connect the 'TV' port on the splitter to the 'RF in' or 'Cable in' port on the set-top box.
- **4.** Using the other 3' cable, connect the 'FM' port on the splitter to your FM stereo tuner. (Depending on the type of connector on your radio, you may not need to use the matching transformer, which adapts the coaxial cable (75 Ohms) to a two-contact connector (300 Ohms) with screws or spade lugs.)
- **5.** Tune your favorite radio stations on your stereo tuner just as you normally would.





Some restrictions apply. Call us at 496-5800 for details.