

# connections

A QUARTERLY NEWSLETTER FROM WAITSFIELD AND CHAMPLAIN VALLEY TELECOM

# **Try Faster Speeds Free for 60-Days**

With more devices using more bandwidth, faster Internet speeds are becoming more important than ever before. How many family members are typically online at your house and what are they doing? Streaming movies and TV shows? Downloading music? Playing games? Connecting on Facebook, Pinterest, and Twitter? Times have changed and many households now need more Internet speed to handle more users and more devices. You can get a lot more Mbps for a just a little more money!

To find out if higher speeds are available at your location, visit our website at speedtest.gmavt.net and chat with us about internet upgrade options.



### Waitsfield and Champlain Valley Telecom

PO Box 9, Waitsfield, VT 05673-0009 Phone: 496-3391 • Toll Free: 800-496-3391

Waitsfield: Hinesburg:

Route 100 246 Mechanicsville Road

Office Hours:

Monday - Friday: 8:00 a.m. - 5:00 p.m.

**Contact Customer Service for assistance** 

csdept@wcvt.com • 800-496-3391

Visit us online at www.wcvt.com

#### Office Closures:

Monday, November 12 – Veterans Day Thursday & Friday, November 22 & 23 – Thanksgiving Tuesday, December 25 – Christmas Tuesday, January 1 – New Year's Day



# WCVT Employee Volunteers with Everybody Wins! Vermont

Kathi McGrath, WCVT Engineer, has been volunteering with Everybody Wins! Vermont for over 12 years. Everybody Wins! Vermont is a literacy-based program that pairs children with adult mentors. This year, 1,400 children and mentors will read together weekly for an hour during lunch in 25 Vermont schools. Now that's a Power Lunch! Not only does Everybody Wins! Vermont set children up to love reading and succeed in life, it supports local schools and communities by connecting community members to their schools.



According to Kathi, "It's my favorite hour of the week. Not only do I get to read with my mentee, but I also get to be a friend! This program is for children up to 6th grade, and it's wonderful to spend time with this age group. I guess I hope I make a happy memory, too. "

For more information on Everybody Wins! Vermont, visit www.everybody winsvermont.org or call 802-229-1010. Keep on reading, Kathi!



We offer a variety of high-speed Internet plans — NOW UP TO 1 GIG\* — so if your internet connection is no longer meeting the needs of your busy household, set your sights on a new one this season.

Get more bang for your buck and try our faster speeds FREE for 60 days!\* CALL 496-3391

\*Faster speeds are not available in all areas.

## **Customer Spotlights**



#### **BFIT - Bristol**

BFIT, formerly Bristol Fitness, strives to build an environment that promotes health, fitness, and community. At BFIT, you'll find group fitness classes, personal training sessions, and specialty workshops/events as well as cardiovascular, strength, and flexibility equipment. In addition, BFIT also work closely with the Mount Abraham Unified School District and the Bristol Recreation Department to bring wellness classes and programs to the community at large. BFIT believes that health and fitness means more than just a routine workout; it's developing a healthy and sustainable lifestyle and encouraging others to do the same. The business is located at 14 School Street in Bristol. For hours of operation, class schedule and more information, visit www.bfitvt.com or call 453-5205.



## Mountain Rose Integrated Wellness Center – Waitsfield

Mountain Rose Integrated Wellness Center provides a place for you to connect to your breath, body, and spirit. In addition to group and private yoga classes and acupuncture services, owner Ana Del Rosal also offers Crystal Healing, Myofascial Release, and Motor Point Therapy. Ana is a Vermont State Licensed and Nationally Board Certified Acupuncturist. She completed the 200-hour Vinyasa Yoga Teacher Training Course and is trained in Pilates through Core Dynamics. In addition, Ana studied Holistic Nutrition and was featured in Discovery Channel's "10 Years Younger" as Health and Wellness Coach. Mountain Rose Integrated Wellness Center is located at 5274 Main Street, Suite 2, in Waitsfield. For more information, visit www.mountainrosevt.com or call 496-6346





At Waitsfield and Champlain Valley Telecom (WCVT), we have a dedicated team of telecommunication experts working on your behalf every day. As your local provider, we live and work alongside you, and that local service is something our competitors cannot offer. By keeping it local, we're able to offer you these advantages:

- Local, Personal Attention Just stop by our office or give us a call when you have questions. You're not limited to 800 numbers answered by customer service representatives across the country or on the other side of the world. We bring a unique blend of local knowledge, expertise, and support to everything we do.
- Faster Response Times We're nearby and ready to serve you, and we also value your time. So our team works to ensure that your needs are taken care of quickly.
- Commitment to Improved Services WCVT strives to provide the best telecommunications solutions available for a fair rate. We continue to invest significant dollars in our local telecommunications infrastructure, because telephone and internet service are critical to our customers and we want to improve performance, reliability, and redundancy.

All of us at WCVT want to thank you for choosing us as your provider, and we look forward to continuing to serve you.

# **Champlain Valley Telephone Directory Closes November 30, 2018**

To make a change in the white pages, please call our Customer Service Department at 800-496-3391. For yellow page advertising (business accounts), please contact Lorraine Keener at 802-496-8379 or lkeener@corp.wcvt.com.



## **Welcome New Businesses**

When you buy local, everyone benefits. Please support the community by doing business with these new neighbors.

BFIT – Bristol	453-5205
Companion Pharmaceuticals – Charlotte	425-5753
Green Mountain Girl Landscaping – Weybridge	545-3049
Hart & Mead Energy, LLC – Hinesburg	482-6666
Phoenix Rising Yoga Therapy – Bristol	453-6444
Worthy Burger Waitsfield – Waitsfield	496-2575

